



Preparing for Surgery or a Procedure – **WHAT TO EXPECT**

Please be advised that it may take up to 24 hours for your surgery/procedure to be posted on the North Cypress Medical Center surgery schedule.

PHONE CALLS TO EXPECT

You can expect to receive two to four of the following phone calls from our hospital prior to your surgery:

1. Registration – The Registration Specialist will be contacting your insurance provider and verifying benefits and then you will receive a phone call explaining coverage.
2. Pre-Anesthesia Testing - They work with the Anesthesia Department to obtain all medical & surgical history, and any current medications. Please have a list of all prescribed and over the counter medications including; vitamins and supplements, along with the dose and frequency. It is important to inform the nurse if you take Aspirin, Coumadin, Plavix, Lovenox, or Pradaxa.
 - a. Please be sure to share with the nurse if:
 - There is a history of any medically related allergies: specific to medications, latex, and peanut/soy allergies
 - The patient is followed by a Cardiologist, Pulmonologist, Oncologist, or Hematologist
3. Surgery Department will call you in the afternoon on the day prior to your surgery to confirm your arrival time, anticipated surgery start time, and answer any questions you may have.

PRESCRIPTIONS

North Cypress Village Pharmacy is conveniently located in Professional Building II in the 1st floor lobby. Many of our physicians will automatically e-script the prescriptions to Village Pharmacy. Please make the office aware if there is another pharmacy you wish to use before the day of surgery. As an added convenience, the Village Pharmacy staff will deliver the prescriptions directly to you the day of surgery.

Village Pharmacy
832-912-6210

IMPORTANT PHONE NUMBERS TO KNOW

Pre-Anesthesia Testing Department
832-912-3992

Main Registration Department
832-912-3729

Main PreOp Nurse's Station
832-912-3590

Outpatient Surgery Registration (Professional Bldg II)
832-912-6325

Outpatient Surgery Nurse's Station (Professional Bldg II)
832-912-6359

Bariatric Department
832-912-3717

No matter what procedure you are having, we want you to be as comfortable as possible.

SURGERY DAY

Bring your valid drivers license or legal photo identification, method of payment (if applicable), guardianship/power of attorney documentation.

You will be given an arrival time of 1 to 1 ½ hrs. prior to your scheduled surgery. This time varies and depends on what preparations are required for your procedure. Please be aware that the time you were given is subject to change based on a number of variables.



Main Hospital: Parking is available in front of the hospital. Enter into the main lobby of the hospital; the surgery registration is located directly behind the coffee shop. The registration specialist will then escort you to the surgery waiting room.

HOPD: (Professional Building II) Please park in the attached parking garage for your convenience. Pull a ticket upon entering into the garage and bring it to surgery registration in the 1st floor lobby. Your parking garage ticket will be stamped / validated.

***Your safety is important to us. For that reason, you may be asked the same questions several times by different people. This is our way of double checking very important information. Please do not become frustrated with the repetition. Some information that is verified several times includes: allergies, operative site (part of body being operated on), name and date of birth.**

You will visit with several members of our surgical team. Your vital signs will be checked, consent forms completed, education provided and an IV started if necessary. The anesthesiology team along with the operating room nurse will also talk with you. Your surgeon will mark your site, if applicable.

IN RECOVERY, you will be carefully monitored while you wake up. Your recovery time frame may last 30-60 minutes or may be longer. If you are being admitted to the hospital, you will be transferred to your room. If you are being discharged to home the day of your procedure, you will be assisted to the car via wheelchair and instructed to rest at home for the remainder of the day.

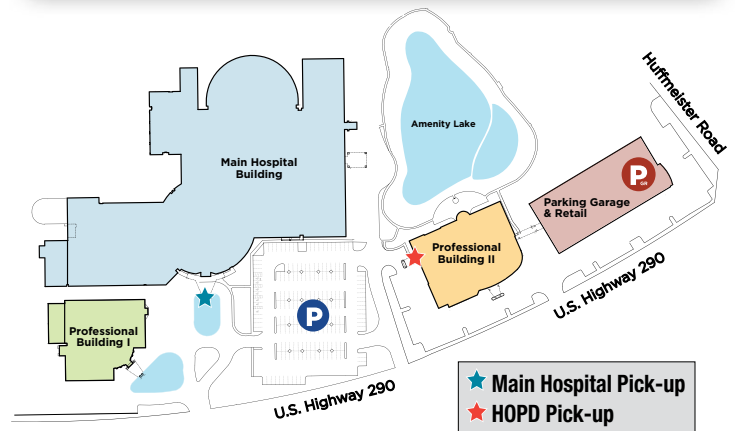
IF YOU RECEIVE ANESTHESIA, you MUST be driven home by an adult (over the age of 18), medical transportation is not an accepted method of transportation, unless a responsible adult is accompanying. A taxi service is only permitted if you have an accompanying adult that will accept responsibility.

IF YOUR CHILD IS HAVING SURGERY (<18 YEARS OF AGE)

- The Parent/Caregiver is not permitted to leave the building, and must provide a method of communication with the perioperative department
- Only 2 visitors are permitted at the patient bedside in preop and in recovery
- Please Do Not bring other children with you, if possible
- Dress child in comfortable clothing (ie. Pajamas), and bring a favorite blanket or stuffed animal for comfort
- Bring a bottle or sippy cup, pacifier, and diapers if necessary

IN CASE YOU NEED TO CANCEL YOUR PROCEDURE / SURGERY

You may need to cancel your procedure or surgery if you develop a cold, fever, persistent cough, infection, or become ill within 48 hours of your surgery. If you need to cancel for any reason...call your Surgeon.



21214 Northwest Freeway • Cypress, Texas 77429



**FOR MORE DETAILS RELATED TO
YOUR SURGERY VISIT:
www.NCMC-Hospital.com/Surgery**

**It's normal to be anxious when having surgery.
Know that we'll be at your side every step of the way.**

North Cypress Medical Center Is A Doctor Owned, Patient Centered Healthcare Institution.